

Bicycle Safety

- 1** **ALWAYS** ride in the same direction as traffic. Obey one-way street directions.
- 2** **OBEBY** all traffic signs and signals. Stop at red lights and stop signs.
- 3** If you **bike at night**, use a **light** - both front and rear lights.
- 4** **Wear a helmet** - it might just save your life. Helmets are required for those under 17.
- 5** Don't ride too close to parked cars. Doors can open suddenly.
- 6** Wear bright, visible and reflective clothing.
- 7** Be **CAREFUL** at intersections.
- 8** Use your bell or horn to announce your presence
- 9** **Bike single file** in traffic
- 0** Use **HAND SIGNALS** when turning.



Turning LEFT



Turning RIGHT



STOPPING

On foot = Face traffic
wheels = Go with traffic

Map created by BAPAC



Pedestrians

Pedestrians always have the right of way. As a walker you should cross within a crosswalk and obey traffic lights. Watch where you are going and stay off of your phone when walking in traffic. When walking at night, carry a light and wear light colored clothing. Walk on sidewalks whenever possible and not in the street. A cyclist walking a bike across a roadway shall have all the rights of a pedestrian.

Motorists

STOP for any pedestrian within a walkway. Use extra caution when driving near bicycles and pedestrians. **NEVER** open your car door to exit the car without checking for oncoming bicycles. Bicyclists move faster than you think. Drive defensively at all times.



Walking Trails

Cape May Point State Park:

Offers walk trails 0.6, 1.2 and 2.4 miles that include woodlands and freshwater wetlands, several bird blinds and viewing platforms.

Of note: the Hawk Watch platform for watching raptors and other birds, bird and butterfly banding demonstrations in the fall, a nature bathrooms and tours of the lighthouse. Dawn to dusk, picnic areas and lots of free parking.

Other Walking Paths & Trails:

Cape May Beach Promenade: 1.4 miles end to end - walking all of the time

The Nature Conservancy South Meadows: 200 acres of birdwatching trails through beach, wetlands and dunes

Beach Walk: from Pavilion in Cape May to the Lighthouse - about 2.5 miles

Garrett Family Preserve: 4 miles of trails - free parking and bathrooms

Higbee Beach Wildlife Management Area: famous for concentrations of migratory birds in fall. Lock your bikes and parking

Gold Spring Bike Path and Walking Trail: 2.7 miles that Sandran Blvd. and Sally Marshall Crossing and then links to Township Bike Path, 8.9 miles to the Cape May County Park

